



Help for Patients

Health Literacy Resources

Californians for Patient Care has compiled this list of websites to help you understand instructions from your doctor, nurse, or pharmacist.

What to ask your doctor or nurse:

<http://www.askme3.org/>

Easy-to-read materials on illnesses:

<http://www.hrsa.gov/healthliteracy/>

“Medical Words” from the Medical Librarians Assn.:

http://www.mlanet.org/resources/medspeak/medspeaka_d.html

How to handle a medical visit:

<http://www.washingtonpost.com/wp-dyn/content/graphic/2006/07/10/GR2006071000918.html>

Additional online resources from Californians for Patient Care:

http://www.calpatientcare.org/sorr_resources.php